

## walking day #42, Thursday, August 9, 2012

Posted on Aug 10, Posted by [Administrator](#) Category [The Walk Blog](#)

hot, Hot, HOT!!!...August in southern Alberta...today saw 23.3 miles (37.5807 km's) with 39,680 AND I crossed into The United States of America...the Canadian leg is complete (as far as walking)...Friday will have to be a moving day...no great insights today...cheers!!!

Tags: Untagged