

## walking day #34, Saturday, July 28, 2012...end of week #8

Posted on Jul 29, Posted by [Administrator](#) Category [The Walk Blog](#)

picked up 21.8 miles (35.1613 km's) using 42,755 steps...saw three deer, found 1 quarter, 1 dime and 2 pennies...found one Canadian Tire 10 cent coupon, also 1 Canadian window-mount flag and an Australian flag as a beach towel (odd unless it is missing some stars, I have yet to examine it closely)...finished the day about six miles short of Fernie...now the week by the numbers:

90.4 miles (145.8065 km's)

174,719 steps

sixty cents in change

688.2 miles (1,110 km's) vs goal of 640 miles

1,285,575 steps (give or take a few!!!)

no great insights other than the good old "we can ONLY deal with what is", "there are NO justified resentments" and "we can't have a better past"

cheers to all who stop by AND those who don't as well...thanks for all the honks 'n waves

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