

## walking day #30...oopps!!!!

Posted on Jul 22, Posted by [Administrator](#) Category [The Walk Blog](#)

Saturday saw 21.3 miles with 39,265 steps...I was going to give you all sorts of numerical details BUT my mother having a shower stands between my data and me, oh well another glass of wine while I wait..."Freddie" stopped today and gave me \$5 in cash, going to Habitat...been thinkin about all you "honorees" a great deal of late...it puts my extra five miles in perspective!!!!...all you guys (and you KNOW who you are!?!?!?) I salute you and honour you...more numbers to follow.....

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