## Walking Day #130, Sunday, January 6, 2013...lost the long johns!!!

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Great day for a little stroll!!! Today I walked in honor of my children's maternal grandparents, Harold and Ruth Dance. Neither veterans (Harold had polio as a youngster but both brothers served) nor living with diabetes or cancer, just nice people. Thank you both for being GREAT grandparents and for all your kindnesses over the years. My best to you both!!! We started just south of Little Rock outside of an area called Sweet Home (always thought that was in Alabama!). The sun was shining and the traffic was light. Those that did pass were quick with a wave or a tap on the horn. I about broke down and cried when the woman at the gas station, when told what I was doing, told me that she and her brother had cancer. Puts my little life in perspective. The area was somewhat rural with modest homes lining the street. As it was Sunday morning EVERYBODY was at church and there are certainly lots of churches in this area. Everyone was friendly and receptive to my story. I received several invitations to attend the various meetings and politely declined as I have a date to keep in Key West, besides on a sunny day like it was I am sure lightening would have struck!!! I had a pleasant conversation with Henry Callahan (not of the car parts company!) who was retired Navy and living with diabetes. Thank you for your services and the delightful conversation. I approached two woman standing on a church step and bent their ears for for a few minutes. I must say it is always nice to have someone laugh at my jokes, inane as they may be. Thank you, ladies!!! I guess they got two sermons that day, not sure which would be better, although mine significantly shorter, I am sure! Another conversation outside of a little church with Harold Bryeles, retired Air Force gave me another little boost. Thank you, sir, for your service, the invitation and the pleasant conversation.

When the day was over 21.7 miles (35 km's) covered, 43,045 steps taken and \$.035 in change picked up. The findings for the day: 1 dime, 2 nickels and 15 pennies. No wildlife sighted. We finished up on route 365 south just south of Redfield, Arkansas.

See ya'll down the road...cheers!!!

Tags: Untagged