

## Walking Day #105...Monday, December 3,2012...excellent coffee, the purple mailbox, mile post 179

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The Walk today was for Nancy Stewart, a former co-worker's sister who is seriously ill...best wishes for a speedy recovery...we managed 22.5 miles (33.0645 km's) with 42,569 steps...the weather was wonderful, felt like a spring or summer day, with a gentle but warm head-wind...the day started out GREAT when we stopped for coffee at a little shop, Paramour Coffee in Wamego, Kansas, the coffee was GREAT!!!, certainly the best coffee I have had in years (sorry Starbucks and Tulleys!!!) with the proprietor, Jim Hovind, being just about as nice as his coffee is GREAT!!!...considering some of the flat, barren terrain I have been on the last few months, route 99 south is very scenic, rolling hills, small creeks, small groves of trees, well kept farms and ranches and tidy quaint towns...I must say though a shoulder would be nice, white line straight down into the ditch, pity the poor person who gets a flat tire on this road, no place to park!!!, 982,000 wonderful things, one thing to bitch about..in the small town of Westmoreland, I happened upon a couple of guys working at a garage in the main drag, since I do like to chat with the "locals" I approached them and let them know what I was up too, they suggested that I go to the "Recorder" and chat with Randy and Rosie that they like to write about people that come through town, so we did just that...Randy Handley and Rosie Hamilton turned out to be as much a treat as Jim's coffee!!!...several photos later and a very pleasant conversation I left to go find my driver Jim...along the way I passed the grade school with one of the parents acting as playground monitor and had a pleasant conversation and geography lesson with the Dad and the kids, on the way out of town I chatted with Gene who was cleaning windows, best wishes to you and your family...this country is Oregon and California Trail country rich in that part of this country's history...at the end of the day we stopped at mile post 179 next to a purple mailbox...I am sure there will be some random pictures to follow...cheers!!!

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